LAKE GREELEY CAMP

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Daily Program Flyer

This program flyer has been designed to answer your questions concerning the operation of our daily program many of the activities Lake Greeley Camp offers.

DAILY PROGRAM

The daily program at Lake Greeley Camp operates differently depending upon the age of the camper. Junior campers, children entering the 4th grade and younger, participate in a cabin-structured format. In this format, campers follow a daily program schedule traveling to activity sites as a cabin group under the supervision of one or more counselors. During the course of a week nearly all of the activities that Lake Greeley Camp offers will appear in this cabin schedule. These schedules are designed specifically for the age and gender of the campers in those cabins. Opportunities are available during the summer to adjust these schedules in response to changes in camper's interests.

Intermediate campers, children entering the 6th and 7th grade, and senior campers, children entering the 8th, 9th, and 10th grades, participate in a 100% free-choice, daily elective program.

SUPER JUNIORS (5TH GRADERS)

Super juniors are campers who are entering the 5th grade. They participate in a cabin-structured, counselor-supervised daily program during their first few days in camp. This period of time provides our younger campers with the opportunity to become familiar with the camp grounds and where activities are located. While participating in the cabin-structured program, they will be exposed to a wide variety of activities which will be helpful once they join the elective program and begin scheduling their own daily activities.

Super juniors participating in the elective program are not under the direct supervision of a counselor during the program day as in the cabin-structure program. However, attendance is monitored throughout the day by our attendance staff comprised of counselors and senior staff members. Rosters are utilized at all activities and instructors provide supervision while the activity is in session.

Super juniors participating in the elective program are scheduled with intermediate campers.

THE ELECTIVE PROGRAM & ELECTIVES FORM

Lake Greeley Camp's daily program is a 100% free choice, elective program that provides our campers with the opportunity to explore their individual interests. Every day campers choose the activities in which they would like to participate. Each morning campers attend an activity sign up period. During this sign up period, campers select the activities they want for that day. Each camper is given an activity schedule card on which the activities they select are written. Once they select an activity, campers then add their name to the activity roster. An activity roster is generated for each activity and is used to confirm the attendance of campers at each activity site.

Campers sign up for activities with their cabin mates and other campers in their age division. This allows campers to plan their daily schedule with their friends. Lake Greeley Camp's program staff provide guidance during the sign up period and are available throughout the sign up period to assist campers in planning their activity schedule.

PARENTAL CONTROL

Parents who wish to maintain some control over the activities their child attends while at camp should review the 2011 Electives Form.

This form is not mandatory and need not be completed if you prefer to have your child choose all of his or her activities. Complete and return this form only if:

- You want to prevent your child from participating in a particular activity.
- You want your child to receive three activity periods of swim instruction each week.
- Your child has a significant interest in one particular activity and you want to ensure he or she regularly participates in this activity. You, therefore, select this activity as your child's major activity. By selecting a major, your child will be scheduled that activity three times each week. The activity will automatically appear on your child's activity schedule card. (If you want more than three periods, your child may add additional periods of this activity during the activity sign up period.) Please keep in mind, **choosing a major will limit your child's ability to schedule activities** with his or her friends or adjust to weather conditions at the camp. **These activities must be followed as they appear on your child's activity schedule card. They can not be rescheduled during the activity sign up period.**

If you prefer to have your child choose his or her activities freely without restrictions, do not submit this form.

Typically, intermediate campers are scheduled with intermediates and likewise, senior campers are scheduled with seniors. For intermediate campers, most activities are scheduled by gender except for waterfront, creative arts, and performing arts activities. Activities for senior campers are scheduled coed except for contact sports.

According to the camp's daily program, there are usually 6 activity periods each day (each period is 55 minutes). Customarily, between one half to one full day each week is set aside for a camp wide special event (Dorney Park trip, camp carnival,

etc.). On these days, the camper's individual schedule is superseded by the special event.

Typically there are no limits to the number of periods an activity can be selected. However, we recommend campers be exposed to a wide variety of activities during their stay at camp.

SUPERVISION

All intermediate and senior campers are supervised during the operation of the daily program by the instructors present at the activities as well as by our program directors, supervisors, and attendance staff. As our campers travel to their various activities, they are supervised by all program staff members. Attendance is taken at each activity. Campers who are marked absent are immediately located by members of our attendance staff. Attendance is mandatory. Participation at the activities is strongly encouraged. If a camper is not attending activities as scheduled or there is a lack of participation at the activity site, the camper's parents will be notified. If attendance does not improve, the camper may be dismissed from camp.

DAILY ACTIVITY SCHEDULE CARD

Every camper participating in the elective program will be given a new activity card every morning (see below).

Activities identified as a major or additional fee activities will be preassigned and printed on a camper's activity schedule card. They must be followed as they appear on the camper's activity schedule card.

LAKE GREELEY CAMP DAILY ACTIVITY SCHEDULE CARD
DOE, JOHN FIRST HALF SESSION
CHEROKEE, INTERMEDIATE
TODAY'S DATE: 7/15/11

PERIOD	ACTIVITY	COMMENT
PERIOD 1		
PERIOD 2	HORSEBACK	major
PERIOD 3		
PERIOD 4		
PERIOD 5	SCUBA CLINIC	add'l. fee
PERIOD 6		

ACTIVITY EQUIPMENT

Unless otherwise indicated, Lake Greeley Camp supplies all of the equipment necessary for the camper's participation in all of the activities offered at Lake Greeley Camp. The Camp supplies: helmets (for horseback riding, mountain biking, rock climbing, quad riding, ropes course, zip line, paintball, street and roller hockey, lacrosse, softball and baseball), tennis racquets, cameras, keyboards, guitars, archery and riflery equipment, mountain bikes, life vests, fishing poles as well as the standard equipment required to operate our featured activities. Lake Greeley Camp does not supply baseball gloves or in-line skates.

Often, campers bring their personal equipment to camp even though such equipment is supplied (tennis racquets, fishing poles, lacrosse sticks, hockey sticks, skateboard, and related protective equipment, etc.). These items are permitted and typically can be stored in the cabin, however, they can only be used at the appropriate activity site and only when supervised by an instructor. Unauthorized use of personal equipment will result in the equipment being confiscated until the camper's departure.

Please note that baseball bats may not be brought to camp.

DAILY ACTIVITIES

SWIM INSTRUCTION

Junior campers are scheduled 3 periods of American Red Cross swimming lessons each week. Junior campers can elect not to participate in this activity only with parental notification. Intermediate and senior campers schedule swimming lessons through the elective program. The swimming ability of each camper will be tested on the first day of their camp session. Participation in many boating activities require campers pass our deep water test.

RECREATIONAL SWIM

Each week, junior campers are scheduled 2 periods of recreational swim at the pool. Intermediate and senior campers may schedule recreational swim as they would any other activity, through the elective program. All activities in the swimming pool are guarded by American Red Cross (or comparable international agency) certified lifeguards.

HORSEBACK RIDING

Instruction in horseback riding is available in english and western styles. Western style of riding features a large saddle with a "horn". Because of the size of the saddle, most novice riders feel more secure and, therefore, start out on a western saddle.

Our horseback riding classes are designed to accommodate several instructional groups in our two riding rings as well as an additional group of riders on a recreational trail ride. For our advanced riders, classes in jumping are scheduled separately.

Unlimited activity periods of horseback riding each week are included as part of the camp tuition. Junior campers are scheduled 2 activity periods each week, however, additional periods of riding can scheduled if they desire. There is no charge for additional activity periods of horseback riding.

Please note that campers participating in horseback riding must wear long pants and shoes (or boots) with at least a 1/2 inch heel.

FLYING TRAPEZE

The flying trapeze operates at a height of approximately 25 ft. above the ground. For safety purposes, a harness and net are used. It is available to campers of all ages.

BUNGEE TRAMPOLINE

Combine a trampoline and bungee cords, and you have one extreme trampoline! Up to 4 campers participate at one time, each on their own trampoline. Each camper is individually secured to bungee cords via a harness (similar to those used at the rock wall). The bungee cords provide additional jumping height while slowing the camper down as he or she returns to the trampoline surface permitting the camper to perform aerobatics, somersaults, etc. Great fun for all ages!

TENNIS

Under the direct supervision of the tennis director, Lake Greeley Camp's tennis facilities consist of 5 hard surface tennis courts. The camp provides the tennis balls and racquets to all campers who participate in this activity. However, if campers prefer, they are permitted to bring their own racquets.

ROCK CLIMBING, ZIP LINE & HIGH ROPES
The rock climbing activity involves physical challenges at varying heights. Our bouldering wall and low rope elements are but a few feet off the ground. The rock wall, climbing tower, and high ropes course offer physical challenges which occur between 10 to 40 feet off the ground. Helmets and climbing harnesses are supplied.

GYMNASTICS
A vigorous warm up begins each class emphasizing strength, balance, flexibility, and agility followed by drills for endurance and skill progressions. Instruction begins with floor technique (tumbling skills) and extends to low balance beam, hand stands, hand springs, walk-overs, limbers, and more.

Instruction is provided in small groups and on an individual basis by a staff of trained coaches under the supervision of Greeley's gymnastics program director.

IN-LINE SKATING/ROLLER HOCKEY
Campers selecting in-line skating or roller hockey must supply their own skates and protective equipment (helmets, elbow pads, knee pads, and wrist guards). The camp has an inventory of roller hockey helmets for those campers who may not have their own. Campers may also bring to camp their own hockey stick, however, we have them too.

SKATE PARK
With 18 different ramps and rails, the skate park has become the center of our action sports program. This summer, Lake Greeley Camp will provide skateboards and protective equipment for campers who do not have these items with them at camp. However, since the equipment for this activity is often modified for the individual's abilities or personal preferences, we recommend campers bring their skateboard or in-line skates to camp along with the required protective equipment. Required protective equipment includes helmet, elbow pads, and knee pads.

At all times, campers must wear elbow pads, knee pads, and a helmet to participate in these activities. Wrist guards are not mandatory, however, are strongly recommended. Campers who refuse or repeatedly ride without wearing the required protective equipment will be barred from these activities

WEIGHT LIFTING
Free weights, multi-gyms, and dumb bells are utilized at this activity. Weight lifting is available only to senior boys and girls.

CREATIVE ARTS ACTIVITIES
The camp tuition covers the cost of all creative arts activities: leather work, painting, drawing, beading, macrame, kite making, stained glass, lanyards, woodworking, copper enameling, jewelry projects, and more. Arts shows are held at various times during the summer so that campers may display their talent through their exceptional works of art.

FABRIC FACTORY
This activity allows campers to decorate cloth items, and in particular, t-shirts. The fabric factory features instruction in tie dyeing, batiking, silk screening, use of fabric paint, and more. We recommend that you pack several white t-shirts for this activity, or you can purchase inexpensive t-shirts in the camp store.

CERAMICS/POTTERY ACTIVITY
The ceramics/pottery activity includes: potters wheel instruction, throwing a pot, sculpting, pinch potting, pouring molds, cleaning greenware, glazing, painting, and clay work. All supplies needed in this activity are provided by the camp.

PHOTOGRAPHY
The photography program is available to both intermediate and senior campers. Campers receive instruction in 35 mm, black & white film photography. Then they learn how to develop the film and enlarge the photos in our very own darkroom. All photographic equipment and supplies are provided.

ROCKETRY
Participation in the rocketry activity will require the purchase of a model rocket kit from the camp store. Rockets are priced at 3 days canteen ($4.50). All supplies, equipment, and engines required for the construction and unlimited launches of the model rocket are provided by the camp. Launches take place in a designated area under the supervision of the camp's rocketry instructors, and all engines are kept under lock and key. Campers are permitted to bring rockets made at home and launch them at camp with our engines.

GOLF
Basic golf instruction is available in the elective program for intermediate and senior campers. The instruction takes place on the camp grounds at the golf driving range and pitching area. The camp supplies the clubs and balls. Golf outings at a local golf course are scheduled for campers who are interested. Campers are responsible for the green fee (typically $18.00), while the camp supplies transportation to and from the golf course as well as all the required equipment (golf bag, clubs, tees and golf balls).

FISHING
Fishing on Greeley Lake is a very popular activity. The camp supplies the fishing poles, the tackle, and even the bait. Campers are permitted to bring their own fishing equipment to camp, however, the fishing equipment will be stored in the boat house at the lake for the duration of the camper's stay in camp.

GYMNASIUM GAMES
Inside our gymnasium, we play a variety of imaginative and entertaining indoor games including: pickle ball, bowling, dodgeball, 4-way volleyball, scooter hockey, and many more!

GUITAR/KEYBOARDS
Lake Greeley Camp supplies acoustic guitars, keyboards, and all the necessary instructional material. Campers supply the talent. In addition, campers are welcome to bring their own guitars with them to camp.

FIELD HOCKEY/LACROSSE
Lake Greeley Camp offers this activity as part of the regular elective program and provides all of the necessary athletic and safety equipment. Campers may bring to camp their own field hockey/lacrosse sticks.

GAGA
Gaga is a form of dodgeball played inside an octagon shaped court using one or more playground balls. It's fast-paced, great exercise, and a ton of fun.

WATER SKIING, PAINTBALL, QUADS, SCUBA & RAFTING
These activities are not part of the elective program and require separate registration and program fees.

WATER SKIING, WAKEBOARDING & TUBING
Instruction takes place on Lake Wallenpaupack in small group sizes to assure personalized instruction and maximum ski time. The cost is $45.00 per session. The water skiing and wakeboarding activities are open to campers who are entering the 6th grade and older who have passed the deep water test and can demonstrate swimming skills equivalent to level 3 in the American Red Cross swimming program. All campers who have passed the deep water test are eligible to participate in the tubing activity. All the necessary equipment is provided.

PAINTBALL
This activity is conducted exclusively on Lake Greeley Camp property. Both, open fields and wooded areas are utilized. Protective equipment (helmet and goggles) is provided by the camp. The cost is $30.00 for a three hour session. Campers receive 400 paintballs per session. Paintball is open to campers entering the 5th grade and older.

QUADS
Campers entering the 6th grade and older who select the quad riding activity will be given a control test to determine their ability to ride the quad and understand its operation. If the camper is evaluated as being unable to adequately control the quad, all quad riding program fees will be refunded as this activity is not included in the camp's tuition. Quad riding sessions are purchased by activity period. The cost is $25.00 per activity period. Activity periods of quad riding missed because of inclement weather or a scheduling conflict will be rescheduled. Please note that campers must wear long pants, a long sleeve shirt, and a hard shoe.

SCUBA CLINICS
Conducted in our swimming pool by PADI certified scuba diving instructors from Inland Water Sports, scuba clinics are optional activities available to all campers entering the 5th grade and older who have passed the deep water test. All scuba equipment is supplied by Inland Water Sports. Each clinic is approximately 1 hour in length and cost $25.00.

WHITE WATER RAFTING
Together with Landers River Trips, our white water rafting trips are run on a six mile stretch of the Delaware River. They are available to campers entering the 6th grade and older who have passed the deep water test, can demonstrate swimming skills equivalent to Level 3 in the ARC and have passed Lake Greeley Camp's River Safety and Paddling Test. The cost is $40.00 per trip.

TRIPS
Two camp wide trips to Dorney Park & Wildwater Kingdom are scheduled, one in each half of the summer. All campers and staff members, including our medical staff and food service staff, attend these trips. Meals, while at the amusement park, are provided by the camp.

There are several optional off-camp trips in which campers can choose to participate. The most popular of all our trips is our 3-day excursion. This summer, we'll be traveling to Washington DC & Virginia on July 31 - August 2nd. During these three days we'll embark on an exhilarating boat tour of Baltimore's Inner Harbor aboard the Seadog, a speedboat capable of reaching speeds up to 32 knots, visit the National Aquarium, spend an entire day at Kings Dominion Amusement Park, tour the White House, the most recognizable building in the world, and visit the National Zoo. The trip is limited to 50 campers who are entering the 6th grade and older. Registration is on a first come, first served basis. The program fee is $375.00 per person. A registration form describing this trip can be downloaded from our website at www.lakegreeley.com/registration/forms.html.

Campers also have the option of attending the Scranton-Wilkes-Barre Yankees minor league baseball games. The cost per game is $30.00 and as with all trips, space is limited and preregistration is required. Registration forms can be found online at www.lakegreeley.com/registration/forms.html.

REMINDER (PARENTAL SIGNATURES)
Forms for programs requiring additional fees (paintball, quads, Yankee games, water skiing/wakeboarding, the 3-day Washington DC/Virginia trip, scuba, and white water rafting) must be signed by a parent. Before submitting these forms to the Moscow office, please sign each form where required and include payment.

QUESTIONS
We've tried to answer most questions related to our daily program. If we've forgotten something or you have any questions, please don't hesitate to contact us at (570) 842-3739 or by email at info@lakegreeley.com.